



Magnolia *Meals at Home*® provides program participants up to 20 meals per delivery, and these meals are delivered once a month for two months. The 20 meals are broken down as follows: 10 meals nutritionally geared for patients living with breast cancer, thyroid cancer, kidney cancer or soft tissue sarcoma plus 10 meals for their family members, if requested. The meals are frozen when delivered and can be kept in the freezer up to the expiration date. They can also be refrigerated for several days. All meals have a label with ingredients (in case of allergies, food preferences), as well as a description and an expiration date. Enjoy!

Menu

Spaghetti & Meat Sauce 692 cal

Served with Italian vegetables, wheat bread, grape juice, 2% milk, apple cobbler

Glazed Southwest Chicken Breast 632 cal

Served with spinach, cauliflower and red pepper, wheat hamburger bun, apple juice, 2% milk, pear slices

Baked Chicken Leg 723 cal

Served with broccoli, black beans & rice, wheat roll, cranberry juice, 2% milk, fruit cup

Oven Fried Pollock 672 cal

Served with beets with orange juice, cauliflower with cheese sauce, sourdough bread, orange juice, 2% milk, fruit cup

Smoked Pork, Turkey & Beef Sausage 588 cal

Served with broccoli, zucchini, hotdog bun, grape juice, 2% milk, pear slices

Chicken Parmesan 682 cal

Served with rice, capri vegetables, wheat roll, apple juice, 2% milk, fruit cup

Meatloaf with Brown Gravy 618 cal

Served with whipped sweet potatoes, turnip greens, wheat bread, 2% milk, fruit cup

Glazed Chicken Breast 689 cal

Served with squash casserole, glazed carrots, sourdough bread, cranberry juice, 2% milk, fruit cup

Hamburger on a Bun 724 cal

Served with lima beans, brussels sprouts, grape juice, 2% milk, fruit cup

Barbecue Chicken 714 cal

Served with mashed potatoes, broccoli, white bread, 2% milk, fruit cup

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